Camper Checklist

- □ Sunscreer
- Insect repellent
- ☐ Swim suit
- □ Towe
- □ Hat
- ☐ Water shoes
- Goggles
- Extra change of clothes
- Sunglasses
- □ Lunch and snacks *nut-free!*
- □ Reusable water bottle
- ☐ **If rainy weather:** rain boots and rain jacket

Our Philosophy:

Eco-Adventure is a not-for-profit camp that is dedicated to providing kids with the opportunity to escape the city and explore the wonders of nature. We promise to always keep our campers in a safe and positive environment and strive to create a memorable and educational experience for all our visitors.

Eco-Adventure Camp 2013





Camp Handbook 2013



@QUBSEcoCamp



fb.com/qubsecoadventurecamp

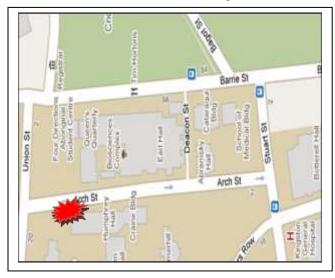
Director:

Associate Director:

Kait Pasic Kristina Silver

Drop-Off and Pick-Up Location

Arch St. just south of Union St. Queen's University



Arch Street is one way, so please enter from Union Street

Sick Days:

In the event that a camper is ill, or an unforeseen mishap occurs, please contact the director as soon as possible at:

613-533-6000 X 77058

Regrettably, we are unable to refund money for missed days



Drop-Off

- Campers can be dropped off starting at 8:45am
- Extended programming is available at extra cost from 8:00am
- We ask that you please be punctual, as we cannot hold the bus for late campers and leave promptly at 9:00am

Pick-Up

- Pick up takes place at 5:00 pm
- Only those listed on the camper registration form will be able to pick up a camper- NO EXCEPTIONS
- We require government-issued ID as well as a signature at pick-up

Alternate Drop-Off/Pick-Up Locations

Alternate drop-off and pick-up locations are as follows. Please INFORM CAMP PRIOR TO THE START OF YOUR SESSION!

- Intersection of North Shore Road and North Shore Crescent
- 2. Intersection of Greenfield Road and Perth Road
- 3. At Glenburnie Grocers (intersection of Unity Road and Perth Road)

Attention

Ticks and Poison Ivy are both found at Elbow Lake, please review the following:

Poison Ivy

Symptoms:

- o An intensely itchy rash
- Red bumps that are often in a straight line or streak from where the poison ivy plant had contact with skin
- Vesicles and blisters that are filled with fluid

Treatment:

- o Apply rubbing alcohol to infected area
- o Rinse with water
- Follow with a wash of soap and warm water
- Apply calamine lotion to prevent scratching
- Note: the rash peaks after 5 days and begins to fade between 7-10 days

Ticks

- Small biting arachnids that feed on bloods. 1-5mm in length.
- Live in grassy areas
- 1 in 5 ticks in KFL&A area test positive for bacteria that carries Lyme disease.
- Remove tick within 24 hours of attachment to avoid possible transmission of Lyme disease.

Treatment:

- Check EACH DAY for ticks
- Grasp tick as close to skin as possible and pull out with tweezers.
- Clean area with soap and water.

KFL&A Public Health Overview: http://www.kflapublichealth.ca/Content.aspx?Id=37