Queen's University Biological Station

Family Night Handbook

Facility

Please note that Elbow Lake is a "**pack in pack out**" facility. This means that all items brought to Elbow Lake including garbage must be taken with you when you leave the facility.

ENVIRONMENTAL EDUCATION CEN

Cabins

- Two bedrooms
- One room with bunk bed (one double & one single), one room with double bed, one cot in closet
- Bedding is not included
- Common room in cabins have a sitting area, table, mini fridge, countertop space, cupboards, and shelves (no water in cabins)
- Electrical outlets and lighting

Pavilion

- Full kitchen including dishes, utensils, fridge, oven, barbeque, 3 stovetops, microwave and running water
- Dining/sitting area
- Men's, women's, all-gender washrooms including toilets, sinks and showers
- Water provided in Main Pavilion, Day Lodge and Staff cabin is treated and tested. Safe for **drinking and cooking.**

Waterfront

- Beach front with swimming area
- Canoes, paddles, and PFD's provided

More

- 8km of hiking trails to choose from
- Basketball court & large field for activities
- Fire pit (Please do not bring your own wood as it could bring invasive species to the facility. Firewood is sold on site)

Packing list

What you need to bring

- Food for Thursday dinner *pack in pack out policy applies*
- Food for Friday breakfast *pack in pack out policy applies*
- Friday packed lunch if you have camper(s) in camp
- Clothing
- Swimsuit and water shoes
- Towel(s)
- Toiletries
- Flashlights or headlamp
- Hiking shoes if you want to go hiking
- Water bottle(s)
- Bedding or sleeping bag and pillow.

What should be left at home

- Personal watercraft (canoes, kayaks etc.)
- Firewood (we sell wood on site)

Fishing Policy

• Catch and release fishing only, with barbless hooks and no live bait permitted.

Dog Policy

- Dogs are permitted but must be leashed at all times while anywhere on the property
- Owners must pick up all excrement, even if off-path
- We only have two cabins that permit dogs, so please specify if you are bringing a pet, so that you can be placed in one of those cabins.
- Dogs are not permitted in the Pavilion, Nature Centre, or Swimming area.

Schedule

Thursday:

- Camper Families: If you are meeting your child(ren) at camp for Family Night, please arrive for check-in between 3:30-4:00 PM on Thursday (let camp staff know if you will pick your camper at regular afternoon location and time instead). You can return to camp and check into Family Night after.
- If you do not have a camper, you can check in any time after 4 pm. Go to the main pavilion to get your keys and cabin assignment.
- Family Night Outreach programming starts at 7:00pm and starts at the Outdoor Classroom (unless alternate instructions are provided).

Friday Morning:

- Checkout is at 9:30 AM. Since we have our Eco-Adventure Camp arriving by bus, please ensure you are out of the Pavilion, cabins and parking lot by that time.
- Please be packed and ready to leave once you sign your child into camp.
- Please let camp staff know in advance if you want to drop off your camper at their regular morning location and time instead
- Follow the instructions posted in your cabin for checking out tasks.
- Keys can be given to staff or left in the Pavilion.

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Directions from Kingston

- Head north on Division St/Perth Rd/Route 10 to North Shore Crescent in Perth Road Village (~ 21.7 km)
- Turn right onto North Shore Crescent
- In ~ 300 m, turn right onto North Shore Road
- In ~ 5.8 km, turn left onto Hewlett-Packard Lane
- Follow the main road and follow signs for the "Main Pav" until you reach the parking lot just past the tennis/basketball court
- Address: 1500 Hewlett-Packard Ln, Perth Road, ON KOH 2L0

